

ECO RESOURCE GUIDE

a handy go-to for educators & parents looking to raise eco-awareness for youth of all ages



SCHOOLS / EDUCATORS



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YOUTH NETWORK
Helping youth help the planet!

Eco-Action Opportunities to Engage Children & Youth

We have compiled our top eco-resources & action opportunities for educators & parents. With topics ranging from waste diversion to mindful consumption and biodiversity, these are helpful learning tools to educate and empower your students to take action at home, in the classroom and in the community.



WASTE DIVERSION VIDEO SERIES. Learn how to properly sort your recyclables, compost & landfill materials with these handy videos!



SHOULD I BUY IT GUIDE? Learn about mindful consumption in the classroom with this helpful guide and encourage a reflective process before we buy new items.



NATIVE SPECIES BINGO SHEET. Have some fun learning & identifying various native Ontario species and how to recognize them.



EVENT GREENING GUIDES. These step-by-step planning tips will help ensure your next classroom or school event is eco friendly, responsible, and sustainable.



MANAGING WATER RUNOFF. By being mindful of what we put down our drain we can help ensure our local waterways remain nutrient-rich and safe for flora, fauna, and ourselves.

[More resources here >](#)

See Page 2-3 for Class Discussion Questions!

DISCUSSION QUESTIONS

Included below are links to discussion questions. Questions can be answered individually or as a classroom discussion.

1) WASTE DIVERSION VIDEO SERIES

This video series can help us manage our waste at home and school more responsibly. From kitchen waste, to bathroom waste, to thinking about what we are consuming in the first place, it's important to reflect on our waste diversion efforts and how we can improve them. Have your students watch any or all of the waste diversion videos and reflect on the following questions/activities:

- Think about some other items that weren't covered in the video. Choose 3 and use the [Put Waste in It's Place](#) tool to determine where they should properly go.
- Discuss different ways that you can reduce your waste at home, at school and in the community.
- Is there an item that you are constantly recycling? Try to think of an alternative "green" options that could replace them. (example: replace plastic bottles with reusable bottle).
- Go through your recycling and compost bins at school and at home. Make note of any areas of improvement and talk about them with your family/classmates. With your family or teacher, spend time some time cleaning up your school grounds or street.
- Why is plastic such a problem? Conduct a brief search on some of the environmental issues related to plastic. List 3 ways that you can reduce your plastic use.



DISCUSSION QUESTIONS

Included below are links to discussion questions. Questions can be answered individually or as a classroom discussion.

2) SHOULD I BUY IT? A GUIDE TO MINDFUL CONSUMPTION

A great deal of waste is created as a result of buying things we simply do not need. Review this reference guide and reflect on these important questions and considerations before purchasing anything new. Have your students review the guide and reflect on the following questions:

- Explain what mindful consumption is.
- Are you a mindful consumer? Why or why not?
- What can you do to consume more mindfully?

3) MANAGING WATER RUNOFF

Did you know that you can have a big part in promoting healthy and safe water quality for ourselves as well as local wildlife and nature?

It's true - by being mindful of what you put down your drain ([Flush Only the 3 P's](#) and Only Rain Down the Drain) you can help ensure our local waterways remain nutrient-rich and safe for both flora and fauna.

Have your students watch the water runoff video and reflect on the following questions:

- Explain what water runoff is and where it comes from.
- What are some issues as a result of water runoff?
- Reflect on how water is dealt with at your home. Which suggested tips can you apply at home?

